CURLY HAIR – PRODUCTS FOR CARE & STYLEFR?KAVA KOSA – PREPARATI ZA NJEGU I STAYLING

Posted on ***October 22,2012*** *by* ***Martina***

Natasha, thanks for the suggestion! All those who have curly hair are familiar with the fact how much it is naturally dry, especially if you iron it and treats it with color. Love my hair the way it is, curly and thick, but I also use a flat iron very often because I love straight hair and I can do different hairstyles. Curls are beautiful, but to keep them healthy, vibrant and shiny is quite another story. I don't wash my hair every day because it is not greasy, and therefore there is no need for me to wash it every day or every other day - I do it once every 5 days. SHAMPOO AND CONDITIONER Yet have not encountered a special line for me, that ONE to stick on, and as a Beauty Blogger somehow it's suits me because I constantly try new products. I always buy a set, shampoo and conditioner in one line, that are intend for long, damage and dry hair, because, subconsciously, I think that they will give me more hydration, care and nutrients. Some of my current favorites are: Garnier Vanilla Extract and Papaya pulp, L'Oreal Elseve yellow line, Fructis and Keune. All to help comb hair very easily, making it light, silky soft, shiny, fragrant and bright. Shampoos that I bought once and then never came back to them for some reason are Schauma, Schwarzkopf Gliss, Nivea and Syoss.

AFTER WASHING I never rub a wet hair with a towel. After combing the hair, to protect it from the heat I use Kerastase Nectar Thermique, the amount size of an almond, then dry it curly, iron or do the beach wave style. If needed, I apply a bit of styling products (mousse, hairspray, lotion, leave in conditioner, shine spray, .. depending on the moment).

STYLING I massage the scalp with a very small amount of LePerle Maria Nile Root Boost - blow drying creme that gives lift from the roots. Also, this product is designed for dry hair exposed to stress, adds shine to the hair, giving a light, non greasy finish, control frizz and adds volume. After blowing my hair (curly or straight) I apply LePerle Maria Nila Repair & Shine smoothing silicone drops against split ends. Once a month I do deep cleaning with LePerle Maria Nila Deep Cleanser. This is a deep cleansing shampoo which effectively and gently removes residue from styling products, chlorine and traces of iron. After that shampoo, I use Hair Masque of the same line and leave it for about 30 minutes. The results are amazing, my hair so beautifully shine and soft, just love this combination. HAIR TOOLS Hairdryer that I use is the Rowenta Compact Pro with a diffuser, iron straightening HG Professional HG02WB, iron for straight and beach wavy hair Remington P & S S-1031 and curling iron Remington Pearl Wand.

Also have to say that I love Pantene Shine Hair Spray, and on my NO-NO list are definitly all the Syoss Hair Sprays because they make my hair very sticky. For mousse - L'Oreal!



At the moment this is my favorite style and I do it all the time, also I love ponytail and beach wavy hair...

Have I missed something? I'm interested in the hair-care products that you are enthusiastic about and to those that you would recommend? Martina, Alter Ego Style

(more…)

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